

SAMPLE QUESTIONS *for the Dream Catcher (the listener):*

1. What do you believe about this issue?
2. Is there a story behind this for you?
3. Does this relate to your background in some way?
4. Tell me why this is so important to you.
5. What do you feel about it?
6. What do you wish for?
7. What would be your ideal dream here?
8. What do you need?
9. Is there a deeper purpose or goal in this for you?
10. Does this relate to some belief or value for you?
11. Is there a fear or disaster scenario in not having this dream honored?

The bottom line about dreams is this:

You don't want to have the kind of relationship in which you win and are influential in the relationship but wind up crushing your partner's dream. You want the kind of relationship in which each of you support one another's dreams. If your dreams connect, so much the better.

SAMPLE DREAMS *for the Dream Speaker:*

1. A sense of freedom
2. The experience of peace
3. Unity with nature
4. Exploring who I am
5. Adventure
6. A spiritual journey
7. Justice
8. Honor
9. Unity with my past
10. Healing
11. Knowing my family
12. Becoming all I can be
13. Having a sense of power
14. Dealing with my aging
15. Exploring a creative side of myself
16. Becoming more powerful
17. Getting over past hurts
18. Becoming more competent
19. Asking God for forgiveness
20. Exploring an old part of myself I have lost
21. Getting over a personal hang up
22. Having a sense of order
23. Being able to be productive
24. A place and a time to just "be"
25. Being able to truly relax
26. Reflecting on my life
27. Getting my priorities in order
28. Finishing something important
29. Exploring the physical side of myself
30. Being able to compete and win
31. Travel
32. Quietness
33. Atonement
34. Building something important
35. Ending a chapter of my life
36. Saying goodbye to something
37. Love